

Upcoming CERT Training Class

ATTENTION ATTENTION ATTENTION ATTENTION ATTENTION

Citizen Corp. is offering Quadcity CERT a certification program presented by trained personnel. Quadcity CERT is next on the list for scheduling.. Students attending the classes will receive an American Heart Association certification card. . All classes will be scheduled in the Quadcity area (Brooklyn Hts., Independence, Seven Hills, or Valley View)

THESE COURSES ARE FREE.

I encourage all of our volunteers to take advantage of this opportunity. **Please contact Mary Benedek to be placed on the list.** We don't want to miss this opportunity!

Mary Benedek: kedenebm@hotmail.com

CPR/AED:

- 3 hours in length
- must be able to perform CPR on the floor, and CPR is a strenuous activity
- class maximum 8/minimum 4

First Aid:

- 3 hours in length
- class maximum 10/minimum 6

BLOOD BORNE PATHOGENS (BBP):

- 1 hour in length
- class maximum 30/minimum 10

SEE BELOW FOR CLASS REQUIREMENTS AND RESTRICTIONS FROM CITIZEN CORP. 7

Citizen Corps. (continued)

The First Aid Program meets the requirements for NIMS credentialing for First Aid and continuing education for Ohio Responds.

The First Aid Program consists of:

- American Heart Association Heartsaver First Aid
- American Heart Association Heartsaver CPR AED
- American Heart Association Bloodborne Pathogens

First Aid and CPR/AED will be scheduled in one session because both courses are combined into one Student Workbook. Bloodborne Pathogens will be scheduled separately.

Length of Courses (Approximate)

- Bloodborne Pathogens: 1.5 hours
- First Aid and CPR/AED: 7 hours, including lunch and breaks, excluding remediation

Minimum and Maximum Enrollment

- First Aid/CPR/AED: 4-8
- Bloodborne Pathogens: 10-25 (Recommended)

Requirements to Receive a Card

- Students must be active members of a CERT in Cuyahoga County.
- Students must attend the entire session. Latecomers may not be admitted.
- Students must be able to perform First Aid/CPR/AED skills on the floor.
- Students with medical/physical concerns should have a release from their physician.
- Students will be tested individually and remediated, if necessary